# THE PARROT BAR AND GRILL EVENING MENU

TO BEGIN

Trio of Scallops - £6.90

Served with Black Pudding and Pea Puree

Homemade Lobster Bisque - £6.90

Served with Fresh Bread finished with Cream, Cognac & Paprika

Whitebait - £4.90

Deep fried served with Lemon Wedges and Brown bread and butter

Prawn & Crayfish Cocktail - £6.90

Served with Fresh Bread & Butter

Slow Roast Pork Belly - £,14.90

Marinated in Cola and served with English Mustard Mash

and seasonal vegetables

8oz Minted Lamb Steak £15.90

Served with Potatoes of your choice and seasonal vegetables

Served with Side Salad & Garlic Bread

Spinach & Ricotta Cannaloni (V) £12.90

Beetroot & Goats Cheese - £5.90

With Watercress and Pea Shoots

Carpaccio of Beef - £6.90

Marinated in Mustard, Olive Oil and Balsmic Vinegar served with Rocket and Parmesan

# FROM THE GRILL

Our steaks are from local award winning herds and are aged for a minimum of 28 days and prepared to exacting standards by our master butchers resulting in maximum taste and tenderness. Few dishes demand such excellent raw material as steak, which is why we place such importance in knowing our farmers and butchers. You are welcome to ask a member of staff to view the steak you have ordered before it is cooked.

All our main courses are served with triple cooked chips, new or pan fried Rosemary & Garlic potatoes and Watercress. Why not compliment your meal with one of our delightful sauces all made using our own in house stock.

8oz/16oz Herefordshire Angus Rump The nations favourite	£11.90/£19.50	16oz Local Cotswolds 'Tomahawk' Rib eye Hand cut on the bone	£25.90	Surf and Turf 3 King Prawns	+£4.50
<b>8oz Herefordshire Angus Sirloin</b> Full of taste	£16.50	<b>8oz Herefordshire Angus Fillet</b> The most tender of cuts	£22.90	Super Surf and Turf 3 Pan Fried Scallops	+£7.90
12oz Local Cotswolds 'Porterhouse' Sirloin Served on the bone	£18.90	Herefordshire Angus Fillet on the bone The most tender of cuts with extra flavour	P.O.A	Ultimate Surf and Turf Half a Grilled Lobster  AUCES	+£12.95
10oz Herefordshire Angus Rib eye Chefs choice	£16.90	Chateaubriand Best end Fillet made for sharing	P.O.A	Port & Stilton Peppercorn	£3.50 £2.90
<b>16oz Local Cotswolds T-Bone</b> The best of both worlds	£24.90	Speciality rare breed steak of the week Treat yourself!	P.O.A	Brandy and Peppercorn BBQ & Bourbon Diane	£3.50 £3.50 £3.50

### MAIN MEALS

Classic Tuna Niscoise - £,11.90

Tuna Steak Salad with New potatoes, Boiled Egg, Fine Beans and Roasted Tomatoes.

Prawn & Crayfish Salad - £10.90

Prawn & Crayfish Salad with a Lime Arora sauce served with fresh Bread.

Classic Chicken Caesar Salad - £11.90

Salad with Chicken, Crispy Bacon, Parmesan, Croutons & a Homemade Caesar Dressing.

#### Stilton stuffed chicken - £12.90

Chicken Breast Stuffed with Stilton Wrapped in Bacon with pesto, Potatoes of your choice and seasonal vegetables

#### Linguine Fruit De Mer - £12.90

Linguine Pasta with Prawns, Smoked Salmon, Mussels laced with Chilli and Fresh Parsley

# Please ask a member of staff for our specials and dessert menu

# SUNDAY LUNCH 12 NOON UNTIL 6PM

Traditional Sunday lunch. Up to 3 meats with all the trimmings using our in house stock. One course £8.90, Two courses £11.90, Three courses £14.90

### Lobsters

Grilled lobster

Half £12.95

Whole £24.95

All served with your choice of triple cooked chips or salad

Garlic Butter/Mayonnaise

Chilli Butter/Mayonnaise

Lemon Butter/ Mayonnaise

#### **Lobster Thermidor**

Grilled Lobster smothered with a white wine and seafood sauce infused with mustard, lemon juice & cream, baked with a parsley and parmesan crust - £13.95 / £26.95

#### Lobster Milano

Grilled Lobster drizzled with a light garlic, chilli, cream and seafood sauce served with a timbale of spaghetti £13.95/ £26.95

#### **Lobster Florentine**

Omlette of Lobster & spinach sprinkled with parmesan and black pepper served with potatoes of your choice £13.95 / £26.95

## SIDE DISHES

Onion Rings £2.90
Triple Cooked chips £2.90
Green salad £2.50

Mixed salad £2.90

Garlic Bread £2.50

Bread and butter white or brown £1.50 Bread and Olives with white or brown bread £2.90

Watercress and Pea Shoots £2.90

Pan Fried Fine Beans £2.90

Grilled Field Mushroom £1.90

Grilled Vine Tomatoes £1.90

All forms of credit and debit cards taken.

#### Allergies

Some of our menu items contain nuts, seeds and other allergens. We understand the concerns to those with allergies. Please ask if you need help to make an alternative choice.

#### Coffees

We offer a wide range of Coffee

#### Wines

Please refer to our wine list for a full selection of our wines.

#### Gratuities

Gratuities at your discretion.

We do not serve fast food, we serve good food as fast as we can.