

# THE PARROT BAR AND GRILL LUNCH MENU



## BAR MENU

ANY TWO MEALS FROM OUR BAR MENU £7.90

### Steak and Ale Pie - £4.90

Served with triple cooked chips and vegetables

### Home cooked ham and egg - £4.90

Served with triple cooked chips

### Whitebait - £4.90

Deep fried served with lemon wedges and brown bread and butter

### Chicken Caesar Salad - £4.90

The classic salad

### Thai Green Chicken Curry - £4.90

Served with rice.

### Tomato, Mozzarella and Pesto salad - £4.90

Served with bread and butter

### Buffalo Wings - £4.90

With a sweet chilli dip and sour cream

### Classic Fish and Chips - £4.90

Served with tartare sauce and peas

### Nacho's - £4.90

With melted cheese, Jalapenos, Guacamole, tomato salsa, sour cream. (£0.50 extra for Chilli Con Carne)

## FROM THE GRILL

Our steaks are from local award winning herds and are aged for a minimum of 28 days and prepared to exacting standards by our master butchers resulting in maximum taste and tenderness. Few dishes demand such excellent raw material as steak, which is why we place such importance in knowing our farmers and butchers. You are welcome to ask a member of staff to view the steak you have ordered before it is cooked.

All our main courses are served with triple cooked chips, jacket, new or pan fried potatoes and grilled tomato, mushrooms and peas.

**Why not compliment your meal with one of our delightful sauces all made using our own in house stock.**

<b>8oz Herefordshire Angus Rump</b> The nations favourite	<b>£10.90</b>	<b>16oz Local Cotswolds 'Tomahawk' Rib eye</b> Hand cut on the bone	<b>£24.90</b>	<b>½ a Corn fed Chicken</b> with honey and mustard sauce	<b>£14.90</b>
<b>16oz Herefordshire Angus Rump</b> The nations favourite extra large	<b>£18.50</b>	<b>16oz Local Cotswolds T-Bone</b> The best of both worlds	<b>£21.90</b>	<b>The Ultimate Mixed Grill</b> 4oz Sirloin, 4oz Pork Loin, Sausage, Lamb Chop, Buffalo wings and Egg.	<b>£21.90</b>
<b>8oz Herefordshire Angus Sirloin</b> Full of taste	<b>£15.90</b>	<b>8oz Herefordshire Angus Fillet</b> The most tender of cuts	<b>£18.90</b>		
<b>10oz Local Cotswolds 'Porterhouse' Sirloin</b> Served on the bone	<b>£17.90</b>	<b>Surf and Turf</b> The ultimate indulgence. A steak of your choice served with a King Prawn skewer	<b>+£3.50</b>	<b>Stilton</b>	<b>£2.50</b>
<b>10oz Herefordshire Angus Rib eye</b> Chefs choice	<b>£16.50</b>	<b>Speciality rare breed steak of the week</b> Treat yourself!	<b>P.O.A</b>	<b>Peppercorn</b>	<b>£2.50</b>
				<b>Brandy and Peppercorn</b>	<b>£2.90</b>
				<b>Tarragon and Mushroom</b>	<b>£2.50</b>
				<b>Diane</b>	<b>£3.50</b>
				<b>Jack Daniel's</b>	<b>£2.90</b>

## SAUCES

## MAIN MEALS

### Smoked Haddock chowder £7.90

Scottish smoked haddock in a creamy fish sauce with prawns, smoked salmon, mussels and crusty bread

### Chicken and goats cheese risotto £5.90

Fresh chicken and risotto rice cooked to order Smoked

### Giant combo platter - £10.90

Nachos, Buffalo wings, White Bait, chunky chips, Garlic Bread, Parma ham, Chorizo (£0.50 per person for Chilli Con Carne)

### Sea food fish cakes - £5.90

Served with a Lemon dressed salad.

### Chilli Con Carne - £5.90

Fresh minced beef, chilli and kidney beans served with sour cream, tortilla chips.

### 6oz Prime Herefordshire Angus Steak Burger - £5.90

Served with triple cooked chips, cheese, gherkins and dressed salad

PLEASE ASK A MEMBER OF STAFF FOR OUR SPECIALS AND DESSERT MENU

## SUNDAY LUNCH 12 NOON UNTIL 6PM

Traditional Sunday lunch. Up to 3 meats with all the trimmings using our in house stock. One course £8.90, Two courses £11.90, Three courses £14.90

## JACKET POTATOES

All served with side salad and butter £3.90 then add your own fillings at the following prices

Cheese £0.70

Beans £0.50

Prawn £1.00

Chilli Con Carne £0.80

Thai Green Curry £1.00

Sour cream, chives and crispy bacon £1.00

## CIABATTA SANDWICHES

All served with triple cooked chips and dressed salad.

Sirloin Steak and red onions - £6.90

In-house cured Salmon - £5.50

Home cooked ham and Tomato - £4.90

Hot or cold Beef - £5.50

Grated mature Cheddar - £4.90 (v)

Bacon, Cranberry and Brie - £4.90

All forms of credit and debit cards taken.

### Allergies

Some of our menu items contain nuts, seeds and other allergens. We understand the concerns to those with allergies. Please ask if you need help to make an alternative choice.

### Coffees

We offer a wide range of Coffee

### Wines

Please refer to our wine list for a full selection of our wines.

### Gratuities

Gratuities at your discretion.

**We do not serve fast food, we serve good food as fast as we can.**